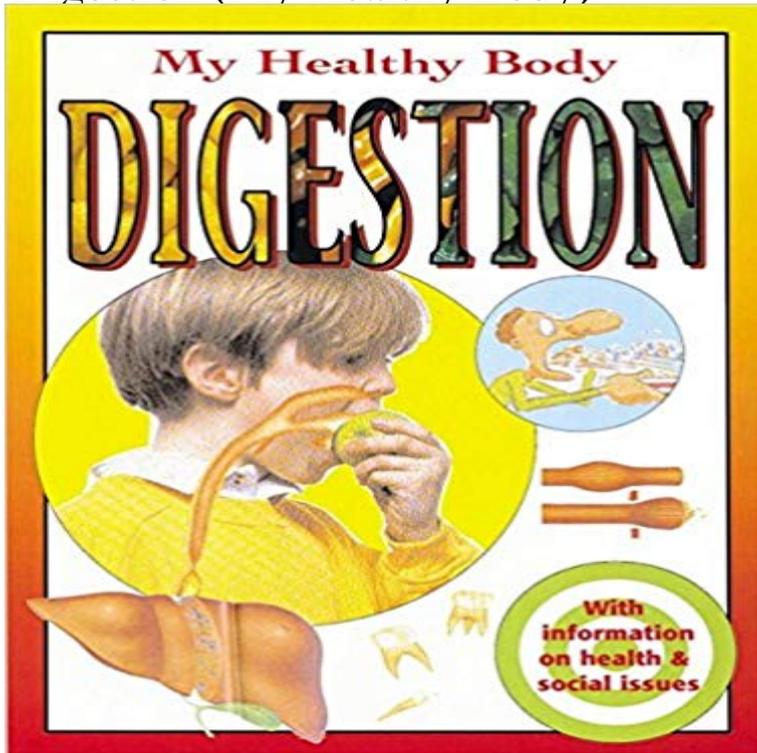


Digestion (My Healthy Body)



A new series which introduces the body to children. Photographs with artwork superimposed show readers how the inside of the body looks and works. Special features on maintaining good health through a balanced diet and exercise, as well as information on issues relevant to each title. Digestion outlines the way in which the body transforms food into useful products to keep us healthy and active. The function of different body parts is discussed, including the teeth, liver, pancreas, gall bladder and kidneys. Digestive problems such as indigestion, diarrhoea, constipation and malnutrition are also covered. Lungs outlines the main features of the respiratory system and tips on how to keep the lungs healthy, including the importance of regular exercise and the dangers of smoking. Lung diseases are also covered, such as asthma, lung cancer and bronchitis.

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