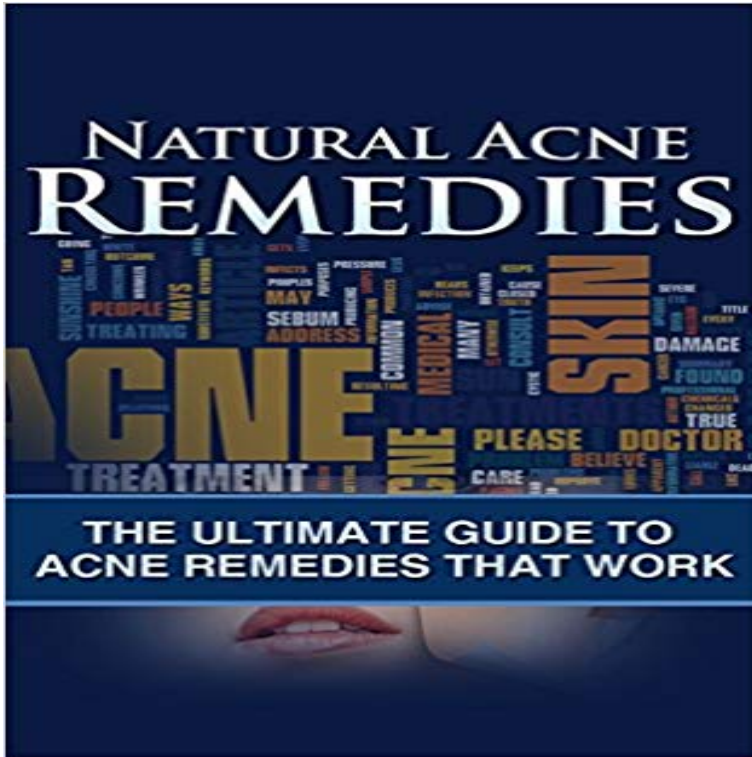


# Natural Acne Remedies: The Ultimate Guide to Acne Remedies That Work



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You're about to discover 18 natural acne remedies. Because everyone is different, they won't all work for you, but some will, if you give them a chance. The key is to try two or three things, and see if they help. If not, move on to something else. It's certainly possible that you'll need the assistance of a dermatologist with her arsenal of antibiotics and Retin-A and Benzoyl Peroxide and all that ... but if you can avoid all that expense and all those pharmaceuticals, wouldn't that be better? Nothing works 100% of the time-- not even the expensive dermatologists' acne solutions, but it's absolutely possible to cure your acne with natural methods. Acne, because it's so visible, and because it typically crops up during the teenage years when youngsters are very sensitive about their appearance, can be psychologically devastating. One of these home remedies for acne may be the magic bullet that reverses your acne problem and brings back your self-esteem, or eases your teenager's pain. You'll learn about herbs, fruits, and vegetables that have long histories as natural remedies for acne. As near as your grocery store, you'll find acne home remedies that work in several different ways-- some that can even help get rid of acne scars. Here is a preview of what you'll learn...

The multiple ways that lemon juice works to reverse acne  
Grapefruit Seeds powerful anti-bacterial action  
How to use a potato to lighten acne scars  
How Garlic can kill the bacteria that cause acne pimples  
How the spice found in Curry dishes can soothe the skin  
How Tea Tree Oil, which can be poisonous if drunk, can relieve acne flare-ups  
How to use egg whites to dry and soothe the skin  
The role of sleep, diet, stress, and exercise in acne outbreaks  
And lots more!

The solution to your acne problem, or your child's acne problem, may

be just down the street at the grocery store. Let this acne treatment guide show you the way. Take action! Download this Ultimate Guide to Natural Acne Remedies Today. Learn safe, easy, natural acne remedies for a limited-time low price of only \$0.99! Download Your Copy Today!

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