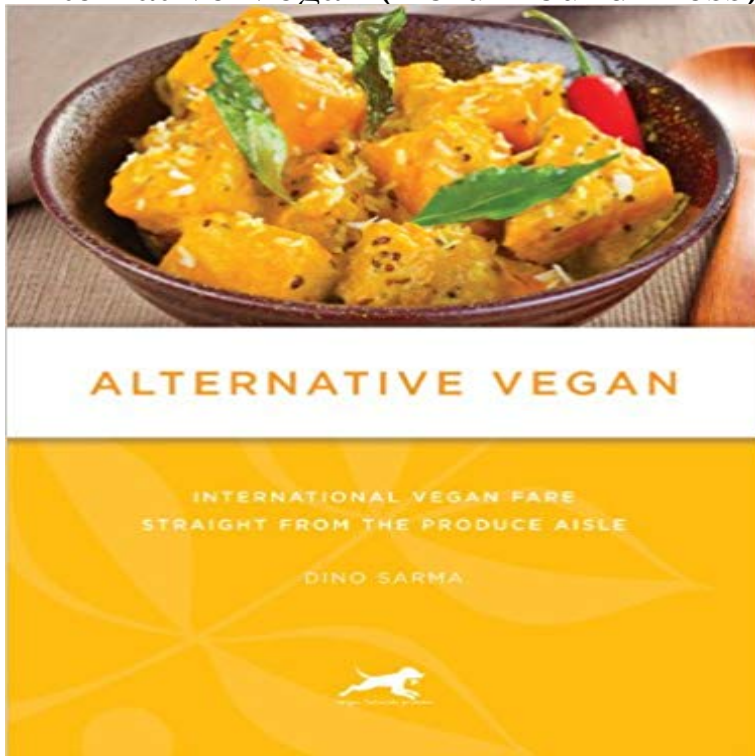


Alternative Vegan (Tofu Hound Press)



For many, vegan food relies too heavily on meat substitutes such as tofu and tempeh - which can become boring for the dedicated vegan, whilst turning away potential new vegans. Taking a fresh, bold and alternative approach to vegan cooking without the substitutes, this cookbook showcases more than 100 fully vegan recipes, many of which have South Asian influences. With a jazz-style approach to cooking, Dino Sarma discusses how to improvise cooking with simple ingredients and how to stock a kitchen to prepare simple and delicious vegan meals quickly.

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