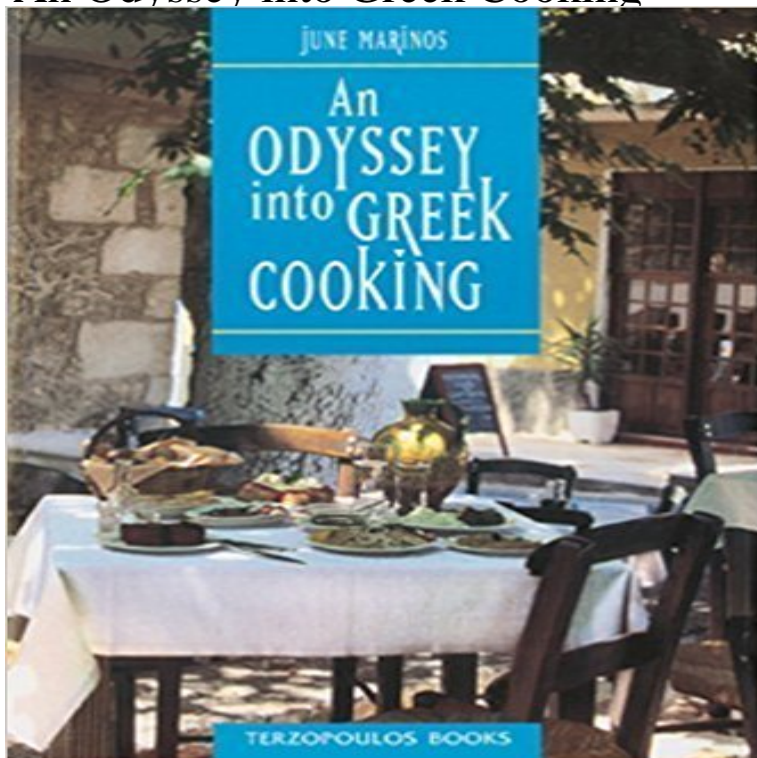


An Odyssey into Greek Cooking



A slogan for the 21st century could be eat Greek and stay healthy! Over 200 delicious recipes showcase Greece's healthy Mediterranean diet. Reflecting modern trends, as well as traditional Greek cooking, recipes have been adapted to suit today's weight and health-conscious people. A true taste of modern Greek cooking. This is a cookbook that belongs in every kitchen. Full color photographs.

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